

BREAKFAST MENU

7:00 AM - 11:00 AM

PLATES AND PLATTERS

TRADITIONS BREAKFAST ... 16

Two Eggs Any Style, Choice of Breakfast Meat, Breakfast Potatoes,
Choice of Toast with Jam

TRADITIONS SUNRISE PLATTER ... 18

Choice of Spiced French Toast or Pancakes, Two Eggs Any Style, Choice
of Breakfast Meat, and Breakfast Potatoes

THE FARMER'S OMELET ... 18

Three Egg Omelet, Breakfast Potatoes, Toast

* Choice of Omelet Ingredients: Onions, Bell Peppers,
Spinach, Mushrooms, Tomatoes, Bacon, Ham *

☉ COUNTRY FLAP JACKS ... 16

Stack of Three Buttermilk Pancakes

* Customize Your Pancakes with the Following:
Blueberries, Bananas, Chocolate Chips, Marshmallows,
Granola *

☉ AVOCADO TOAST ... 17

Honey Orange Ricotta, Sliced Avocado, Pomegranate Seeds,
Petite Greens, Everything Seasoning, Whole Grain Toast
Served with Seasonal Fruit Salad

* Add Two Eggs 6 *

COFFEE ... 4

TEA ... 4

ROCKIN BEET ... 8

Beets, Carrots, Apple, Lemon, Ginger

MIMOSA ... 10

Simonet Vin Mousseux, Orange Juice

BEVERAGES

COLD PRESSED FRESH JUICE

PURE GREENS ... 8

Zucchini, Celery, Cucumber, Spinach, Kale,
Romaine, Apple, Lemon, Ginger

GOLDEN GIRL ... 8

Turmeric, Carrot, Pineapple, Lemon, Ginger

ALCOHOLIC BEVERAGES

TOP SHELF BLOODY MARY ... 13

Kettle One, Tomato Juice, Horseradish, Salt,
Pepper, Worcestershire, Tabasco, Celery,
Olives, Lemon

BELLINI ... 12

Maschio Prosecco, Peach

BREAKFAST BOWLS

HOT OATS ... 14

Candied Walnuts, Mixed Berries, Warm Milk

BERRY HARVEST BOWL ... 16

Mixed Berries, American Heritage Dark Chocolate, Lemon Curd, Greek
Yogurt, Whole Grain Granola

SOUTHERN BENEDICT ... 21

Buttermilk Biscuits, Virginia Ham, Poached Eggs, Hollandaise,
Arugula Served with Breakfast Potatoes

BISCUITS AND GRAVY ... 16

Toasted Buttermilk Biscuits, Warm Sausage Gravy, Breakfast Potatoes,
Green Onions

* Add Two Eggs 6 *

BREAKFAST HASH BOWL ... 21

Breakfast Potatoes, Sautéed Peppers and Onions,
Surry Sausage, Two Sunny Side Eggs,
Cheddar Cheese, Green Onions, Smoke Tomato Aioli

* Add Toast 5 *

☉ SHRIMP AND GRITS ... 29

Sautéed Shrimp, Creamy Smoked Bacon Seafood Ragu, Anson Mills
Cheddar Grits, Green Onions

MILK ... 4 | 5

JUICE ... 4 | 6

SIDES

☉ PANCAKE ... 5

☉ FRENCH TOAST ... 5

☉☉☉ MIXED FRUIT ... 5

☉☉ OATMEAL ... 5

☉☉ ANSON MILLS CHEDDAR GRITS ... 6

☉☉ BREAKFAST POTATOES ... 5

☉☉ TWO EGGS ... 6

BREAKFAST MEAT ... 10

Choice of Apple Woods Smoked Bacon, Surry Sausage Links,
VA Ham, Turkey Bacon, Chicken Sausage

☉☉ TOAST ... 5

Two Slices Toasted Bread Available Breads: Sourdough, Whole Grain
Wheat, Rye, English Muffin, Bagel, GF White, GF Wheat

KID'S MENU

For Ages 10 and Under

JUNIOR SUNRISE PLATTER ... 11

Choice of French Toast or Pancake, One Egg Any Style, Choice of Bacon
or Sausage

* Enjoy your Pancake Plain or with Chocolate Chips *

YOUNG HISTORY MAKER'S OMELET ... 12

Two Egg Omelet with Cheddar Cheese, Breakfast Potatoes, Choice of
Bacon or Sausage

☉ FRENCH TOAST STICKS ... 12

Stacked Sticks with Warm Syrup, Served with Fruit Cup

☉ - Dish is Gluten Free, ☉ - Dish is Dairy Free, ☉ - Dish is Vegetarian

We are happy to accommodate any allergies you have. Most dishes can be prepared gluten free.

Please let your server know if you have any allergies.



Traditions
TRADITIONAL FOODS. MODERN FLAVORS.