

# THE SPA

OF COLONIAL WILLIAMSBURG

A CONTINUUM OF WELLNESS

TIMELESS TREATMENTS. EVERLASTING EFFECTS.





# wellness through time

At The Spa of Colonial Williamsburg, we look to the practices of the past to inspire treatments for the present. Combining age-old wisdom with today's scientific advancements — plus a few adjustments of our own — we've refreshed old therapies proven to work through the centuries and made them even better. Our soaks and scrubs use carefully curated ingredients, designed to promote maximum relaxation.

# MASSAGE

## WILLIAMSBURG CLASSIC MASSAGE

50 | 80 MIN \$135 | \$200

In this soothing massage, our therapist uses fragrance-free oil and light pressure to relax your body and soothe your spirit.

## ARNICA DEEP-TISSUE MASSAGE

50 | 80 MIN \$145 | \$210

This deep-tissue massage incorporates the anti-inflammatory benefits of arnica to soothe tired or over-used muscles, perfect for athletes after golf games or tennis matches. Served with our Muscle and Joint Elixir.

## HIMALAYAN SALT STONE MASSAGE

50 | 80 MIN \$145 | \$210

Known for its purity, versatility and mineral content, Himalayan Crystal Salt offers wellness for the body. This restorative massage uses warm stones to soothe sore muscles and naturally replenish the body with vital minerals, restoring balance and removing toxins.

## PRENATAL MASSAGE

50 MIN | \$145

This nurturing, light massage gently soothes tender muscles of the mother-to-be. Special attention is given to the comfort of the mother and baby during this relaxing experience. Recommended for second and third trimesters.

## AROMATHERAPY MASSAGE

50 | 80 MIN \$145 | \$210

Select between several blends of rich and nourishing oils to enhance and personalize your massage experience.

## CLASSIC COUPLES MASSAGE

50 | 80 MIN \$270 | \$400

Couples massage is an excellent way to spend quality time with that special someone. Choose a massage and enjoy your time together.

## 18<sup>TH</sup> CENTURY INSPIRED COLONIAL HERBAL MASSAGE

80 MIN | \$295

Begin with an aromatic bath soak for the feet, inspired by a historic recipe of sage, rosemary, ginger and oranges - all were considered rare and expensive. We have modified these recipes from the apothecary to create a body scrub that soothes and invigorates the senses. A warm wrap to encourage increased circulation and ease muscles and joints follows the scrub. The experience concludes with a massage using eighteenth-century inspired oil.

## MASSAGE ENHANCEMENTS

Hair & Scalp Treatment, \$25 | Deep Tissue, \$25 | Aromatherapy, \$25



## BODY TREATMENTS

### RENEW & RESTORE WRAP

50 MIN | \$145

This age-preventing experience with invigorating scents will exfoliate your skin using ultra-fine refining cranberry seeds. Aroma-therapeutic oils followed by a warm nutrient rich body wrap fortified with rare plant stem cells will deeply nourish skin leaving it soft, supple and deeply hydrated.

### HEALING MUD TREATMENT

50 MIN | \$145

Volcanic mud from the German Eifelango region and warm clay removes impurities, protects from free radicals and leaves the skin soft and supple.

### AROMATHERAPY SCRUB

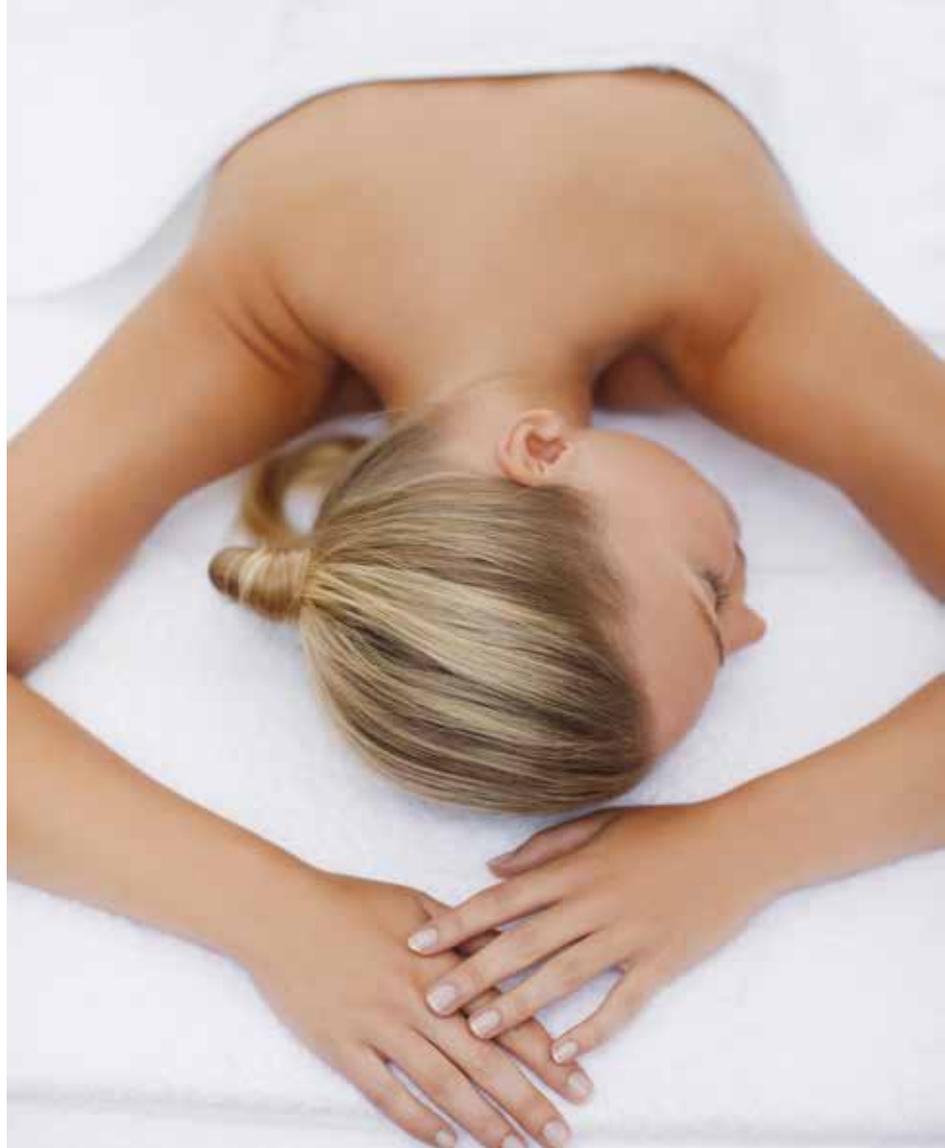
50 | 80 MIN \$145 | \$210

Refresh your body with a full body scrub. Customize your experience by choosing from 4 different aromatherapy blends. Finish with a moisturizing application of body butter.

### BATHS

25 MIN | \$95

Add a bath to any massage or body treatment for a perfect way to relax. In a private setting, step into one of our exceptional baths designed especially for you. Exquisite oils and specialty recipes are added for a perfect combination. Select from your choice of Energizing or Shaping.





enter

a world of relaxation  
and beauty

# SKINCARE SERVICES

## 21<sup>ST</sup> CENTURY INSPIRED FACIAL

80 MIN | \$295

Modern day advances in technology assist in creating a therapeutic, non-invasive facial allowing deep penetration of products.

## REVERSIVE FACIAL

80 MIN \$295

Turn back the clock and unlock the natural anti-aging mechanisms of your skin. This treatment will provide radiance while increasing cell turn over and triggering the slow down of the aging process revealing a perfect, ageless complexion.

## SKINOVAGE TAILORED FACIAL

50 | 80 MIN \$145 | \$210

Synergistically formulated with advanced age prevention ingredients, including highly active concentrates applied with specific massages. This advanced treatment is designed to stimulate the anti-aging mechanism to prevent visible signs of aging. The skin is left refreshed, radiant and younger-looking.

## SKIN RENEWAL FACIAL

50 | 80 MIN \$145 | \$210

Experience our results-driven facial with our all natural skincare line, CLEANFORMANCE. Allow these plant-based ingredients to return your skin's natural balance, increase hydration, and provide long lasting protection from the elements.

## GENTLEMEN'S FACIAL

50 | 80 MIN \$145 | \$210

Cleanse and boost your energy with this facial customized to the needs of the male skin. This treatment provides vitality, enhanced energy, and nourishment while soothing irritations.

## PRESCRIPTION THERAPY FACIAL

50 | 80 MIN \$150 | \$245

Focused on individual skin challenges, these prescription therapies are just what the doctor ordered. Our expert skin therapists will customize a cosmeceutical treatment to obtain your optimal skin care results. This highly-experiential treatment leaves you completely relaxed with results you can see and feel.

## FACIAL ENHANCEMENTS

(SELECT SERVICES REQUIRE AN ADDITIONAL 15/30-MINUTES)

IP Volume Treatment, \$25 | Knesko Eye Mask, \$25 | Knesko Lip Mask, \$25 | Micro Current Therapy, \$25 | DermaFlash, \$45  
Ampoule Concentrates, \$25 (Customized serum concentrates that provide immediate results.)

## WAXING

Back, \$100	Full Arm, \$60	Brow Bar, \$20
Bikini, \$50	Half Arm, \$30	Half Leg, \$50
Chest, \$50	Lip, \$20	Lash Tint, \$15
Forearm, \$30	Underarm, \$30	



## NAIL SERVICES

### EXPRESS MANICURE, \$30

This service removes old polish, provides nail care, and new polish.

### SIGNATURE MANICURE OR PEDICURE, \$40 | \$80

Enjoy our unique lavender-lemongrass products in this signature service. Nail care, nourishing essential oils, and polish are included.

### ANTI-AGING MANICURE, \$55

Anti-aging enzymes make your hands look and feel younger, softer, and more vibrant. Nail care and polish are included.

### GENTLEMEN'S FITNESS MANICURE, \$40

Geared towards men, this reparative manicure begins with an aromatic magnesium compress to soften the skin, followed by a scrub to polish hands. Your nails will be expertly groomed, and a full arm and hand massage completes the treatment.

### COBBLESTONE PEDICURE, \$90

After a refreshing jetted soak, hot stones help alleviate any pain. Finally, a nourishing oil treatment is applied to soften the and to refresh your legs and feet. Includes nail care and polish.

### GEL MANICURE OR PEDICURE, STARTING AT \$95

Enjoy our unique lavender-lemongrass products in this signature service. Includes gel polish removal, nail care, nourishing essential oils, and gel polish application.

### GENTLEMEN'S FITNESS PEDICURE, \$80

This pedicure begins with a magnesium oil soak, followed by a scrub to pamper feet and lower legs. Nails are groomed then a soothing massage completes this treatment.

## NAIL ENHANCEMENTS

French Polish, \$12 | Gel Polish Application or Removal, \$15

## SALON SERVICES

### STYLING

Smoothing System, Starting at \$250

Formal Styling, Starting at \$90

Formal Updo, Starting at \$100

Conditioning Treatment, Starting at \$25

Haircut Only, Starting at \$35

Haircut, Blow Dry & Style, Starting at \$60

Thermal Styling, Starting at \$10

### COLOR SERVICES

(ADDITIONAL CHARGES FOR HAIR LENGTH BELOW SHOULDERS & TO ADD A CUT DURING COLOR SERVICE)

Balayage, Starting at \$250

Full Color, Starting at \$120

Partial Highlights, Starting at \$90

Full Highlights, Starting at \$135

Full Color & Highlights, Starting at \$160

### MAKE-UP SERVICES

Makeup Lesson, Starting at \$90

Makeup Application, Starting at \$70

## COMMONLY ASKED QUESTIONS

### ARRIVAL & ETIQUETTE

Please arrive 30 minutes before your appointment. This gives us time to help familiarize you with the facilities and allows you to relax before your experiences begin. Please note all treatments end on time regardless of start time. Please leave jewelry and other valuables in your room safe.

### ENVIRONMENT

Our spa is an adult sanctuary. Guests must be 18 years or older. All electronic devices are not permitted.

### HEALTH MATTERS

Please inform us of any health conditions at the time of booking (e.g., high blood pressure, heart condition, allergies, pregnancy). We encourage you to communicate any concerns when booking services so we can better customize your experience.

### GIFT CARDS

Gift cards are available for purchase for all spa treatments and packages.

### TAXES & GRATUITIES

Taxes are included on retail only. A 20% service charge will be automatically added for your convenience.

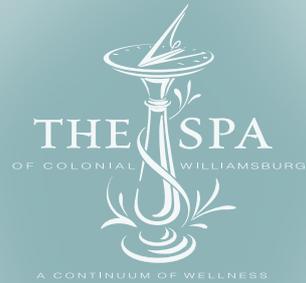
### CANCELLATIONS

If you must reschedule or cancel, please notify us 4 hours in advance to avoid being charged. Package cancellations require 24 hours' notice. Missed appointments without notice are subject to 100% charge.

Enjoy unlimited amenities access when you book any treatment.

AMENITIES: Steam Room | Relaxation Lounges | Locker Rooms | Jacuzzi | Boutique | Salon

PLEASE VISIT [COLONIALWILLIAMSBURGRESORTS.COM/SPA](http://COLONIALWILLIAMSBURGRESORTS.COM/SPA)  
OR CALL 757.220.7720. TO BOOK YOUR EXPERIENCE TODAY.



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