

Woodlands Hotel Continental Breakfast
Spring/Summer 2022

Cereal, Fresh Fruit

Selection of Cereals, Oatmeal and Grits

Fresh Hard-Boiled Eggs in the Shell

Seasonal Whole Fruit

Fresh Melon or Berries of the Season

Toast and Quick Breads

English Muffins

White & Wheat Pullman Bread

Bagels

Daily Muffin and Sliced Loaf Bread

Jam, Peanut Butter, Butter, Cream Cheese, Cheddar Cheese

Daily Handheld

Burrito, Wrap, Empanada, Ham Biscuit, Egg Muffin (w/cheese and various protein)

(One option daily on a rotational basis)

Beverages

Regular & Decaffeinated Coffee, Select Tea for Brewing

Apple and Orange Juice

Low Fat and Chocolate Milk