

BREAKFAST MENU

7:00 AM - 11:00 AM

PLATES AND PLATTERS

TRADITIONS BREAKFAST ... 16

Two Eggs Any Style, Choice of Breakfast Meat, Breakfast Potatoes, Choice of Toast with Jam

TRADITIONS SUNRISE PLATTER ... 18

Choice of Spiced French Toast or Pancakes, Two Eggs Any Style, Choice of Breakfast Meat, and Breakfast Potatoes

THE FARMER'S OMELET ... 18

Three Egg Omelet, Breakfast Potatoes, Toast

* Choice of Omelet Ingredients: Onions, Bell Peppers, Spinach, Mushrooms, Tomatoes, Bacon, Ham *

🌱 COUNTRY FLAPJACKS ... 16

Stack of Three Buttermilk Pancakes

* Customize Your Pancakes with the Following:

Blueberries, Bananas, Chocolate Chips, Marshmallows *

🌱❤ AVOCADO TOAST ... 17

Honey Orange Ricotta, Sliced Avocado, Pomegranate Seeds, Petite Greens, Everything Seasoning, Whole Grain Toast Served with Seasonal Fruit Salad

* Add Two Eggs 5 *

BREAKFAST BOWLS

🌱❤ HOT OATS ... 14

Mixed Berries, Warm Milk

🌱❤ BERRY HARVEST BOWL ... 16

Mixed Berries, Lemon Curd, Greek Yogurt, Whole Grain Granola

SOUTHERN BENEDICT ... 18

Buttermilk Biscuits, Virginia Ham, Poached Eggs, Hollandaise, Arugula Served with Breakfast Potatoes

BREAKFAST HASH BOWL ... 18

Breakfast Potatoes, Sautéed Peppers and Onions, Surry Sausage, Two Sunny Side Eggs, Cheddar Cheese, Green Onions, Smoke Tomato Aioli
* Add Toast 5 | Add Shrimp 5 *

🌱 BISCUITS AND GRAVY ... 16

Toasted Buttermilk Biscuits, Warm Sausage Gravy, Breakfast Potatoes, Green Onions
* Add Two Eggs 5 *

🌱 SHRIMP AND GRITS ... 19

Sautéed Shrimp, Creamy Smoked Bacon Seafood Ragù, Anson Mills Cheddar Grits, Green Onions

BEVERAGES

COFFEE ... 4

TEA ... 4

MILK ... 4 | 5

JUICE ... 4 | 6

Orange | Apple | Cranberry Grapefruit | Pineapple | Tomato V-8

COLD PRESSED FRESH JUICE

PURE GREENS ... 8

Zucchini, Celery, Cucumber, Spinach, Kale, Romaine, Apple, Lemon, Ginger

GOLDEN GIRL ... 8

Turmeric, Carrot, Pineapple, Lemon, Ginger

ALCOHOLIC BEVERAGES

BLUEBERRY LEMONGRASS MIMOSA ... 10

Blueberry Lemongrass Syrup, Cava

MORNING MARGARITA ... 14

Tequila, Grand Marnier, Fresh Orange Juice, Citrus

FUZZY SUNRISE ... 10

Jim Beam Orange, Peach Schnapps, Fresh Orange Juice

STRAWBERRY RHUBARB COLLINS ... 13

Tito's Vodka, Aperol, Strawberry Rhubarb Puree, Lemon

SIDES

🌱 2 BUTTERMILK PANCAKES ... 5

🌱🌱🌱 MIXED FRUIT ... 5

🌱🌱❤ OATMEAL ... 5

🌱🌱 ANSON MILLS CHEDDAR GRITS ... 6

🌱🌱 BREAKFAST POTATOES ... 5

🌱🌱 TWO EGGS ... 5

BREAKFAST MEAT ... 8

Choice of Apple Woods Smoked Bacon, Surry Sausage Links, VA Ham, Turkey Bacon, Chicken Sausage

🌱🌱 TOAST ... 5

Two Slices Toasted Bread Available Breads: Sourdough, Whole Grain Wheat, Rye, English Muffin, Bagel, GF White, GF Wheat

KID'S MENU

For Ages 10 and Under

JUNIOR SUNRISE PLATTER ... 11

Choice of French Toast or Pancake, One Egg Any Style, Choice of Bacon or Sausage

* Enjoy your Pancake Plain or with Chocolate Chips *

YOUNG HISTORY MAKER'S OMELET ... 12

Two Egg Omelet with Cheddar Cheese, Breakfast Potatoes, Choice of Bacon or Sausage

🌱 FRENCH TOAST STICKS ... 12

Stacked Sticks with Warm Syrup, Served with Fruit Cup

🌱 - Dish is Gluten Free, 🌱 - Dish is Dairy Free, 🌱 - Dish is Vegetarian, ❤ - Dish is Heart Healthy
We are happy to accommodate any allergies you have. Most dishes can be prepared gluten free.
Please let your server know if you have any allergies.



Traditions
TRADITIONAL FOODS. MODERN FLAVORS.